

PROFESSIONAL DANCE



classes residencies workshops
dancebase.co.uk

WELCOME



Spring term 2017

Happy New Year!

Excuse the blatant wordplay, but we do actually start 2017 in a spin... The Spinners arrive fresh from the land of Australia, led by Lina Limosani, to join their collaborator Al Seed in the studio from early January.

This is good news for many reasons, up to and including awesome class for three weeks and some great choreographic development, as well as a glimpse of brand new work. On Sunday 29 January, we open the doors to the manipulate Visual Theatre Festival and a selection of their fantastic workshops, then as soon as all that's a dim but glorious memory, it's showcase time with leader of men (and women) Tony Mills, aka Room 2 Manoeuvre. See page 11 for details on how to apply for the scratch night component of the showcase (curated by Bush Hartshorn), or how to take part in the residency with R2M.

As we move through term, those Brighton belles, The Hiccup Project bring their brazen talents to Scotland and we round off in March with Tamsyn Russell – whose classes we know are super popular and for very good reason.

While all this has been going on, Jori Kerremans will have been in India as our Indian/Scottish exchange artist for the FACETS/Attakkalari residency. Jori has just moved on from Scottish Dance Theatre, and how better to launch yourself into the world than by getting out there to Bangalore?

Much to enjoy, come and play.

Morag Deyes MBE, Artistic Director
morag@dancebase.co.uk

BOARD

Chairman **Edward A Crozier**

Members **Paul Blair, Simon Guest, Christopher Hampson, Fiona Hendry, Cllr David Key, Elizabeth Mitchell, Ashley Steven**



Patron: **HRH Prince Charles, Duke of Rothesay KT KG**

Artistic Patron: **Mark Morris**

Dance Base gratefully acknowledges support from:

Awards for All Scotland – Lottery funded

Edinburgh Airport

Cashback for Creativity

Christina Mary Hendrie Trust

Dancewear

The Leverhulme Trust

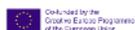
The Maple Trust

Paul Hamlyn Foundation

Ponton House Trust

The Robertson Trust

The Wolfson Foundation



Dance Base 14 – 16 Grassmarket, Edinburgh EH1 2JU
0131 225 5525 | dance@dancebase.co.uk | dancebase.co.uk

PROSERVICES

The who, what and where for professional dancers

Resources/Notice Board

An extensive library of books, magazines, publications, videos and DVDs is available to view or borrow. Reception staff will be happy to retrieve items from the archive. Details of classes, residencies, audition notices, jobs and calls for submissions/collaboration are on the notice board outside the green room.

Green Room

Chill out, access the internet and read our selection of national and international dance publications and updated DVD selection. PC and internet access via Free WiFi is available.

D-mail Pro

A fortnightly digest of news, funding information, job opportunities and special offers.

Sign up at dancebase.co.uk

Dance Base Reception

The well-informed and friendly reception staff are your first port of call for any enquiries.

0131 225 5525 / dance@dancebase.co.uk

Pro Studio Hire

Studio space is available to hire out with the regular professional programme at £9 per hour. The Dance Base meeting room may be available for dance company board meetings for free.

Please contact hires@dancebase.co.uk for availability and prices.

Funding

The Creative Scotland Professional Development Fund offers assistance for individual artists working at a professional level in Scotland.

0845 603 6000 / creativescotland.com

Advice

Dance Base staff are here to offer support, advice and advocacy to the professional community. Morag Deyes, Artistic Director, directs the residency, festival and the showcase programme, and can advise on many areas of professional development and training. Morag is also happy to give feedback during the studio process if requested at least 2–3 weeks in advance. Every term we programme an intensive choreographic/creative residency that culminates in an informal open call showcase for works in progress. See also Catalyst on page 9.

morag@dancebase.co.uk / bush@dancebase.co.uk

The Treatment Room at Dance Base

Treatments are undertaken by highly qualified practitioners, offered at a reduced rate. To book contact the therapist directly. Details available from reception and below.

dance@dancebase.co.uk

Valeska Andrews Massage Therapy

NO HANDS massage. On-Site Chair Deep powerful, gentle touch for all.

valeska.andrews@blueyonder.co.uk

Feldenkrais with Merav Israel

Performer, movement/dance teacher, choreographer, Feldenkrais Method practitioner.

07821 335757 / mirabailos@yahoo.co.uk

FASIC Fitness Assessment and Sports Injuries

**Centre for Sport & Exercise,
The University of Edinburgh**

Offers discounts of up to 25% when quoting *Dance Base Professional Offer*.

0131 650 2578 / sport.ed.ac.uk

Bill Taylor Sports Injuries Clinic

Welcomes dancers and offers a £5 discount on consultations when quoting *Dance Base Professional Offer*.

0131 332 8698

Health for Life Chiropractic

Can help with spine/joint injury treatment and preventative spinal care. Dancers receive 50% off a consultations – quote *Dance Base Professional Offer*.

0131 477 1728 / healthforlifechiro.co.uk

CLASSES

'As a mature dancer, researcher and educator who has travelled nationally and internationally I have never experienced anywhere that does professional dance classes as well or as consistently as Dance Base.'

Debbie Watson, dance artist and class participant

Monday

9 Jan – 27 Mar



Free Practice Space

Open Time for Professionals

9.30 – 11.00 | FREE

These open sessions are a chance for all professional dancers to share ideas, or simply take advantage of some free studio time. There will be no session leader, but the space is intended to be a shared space between multiple dancers and is subject to numbers on the day.

9, 16 & 23 Jan

Company Class

With Resident Companies

Lina Limosani / Al Seed

9.00 – 10.45

Further details on style, class content and required experience can be found in the residency section of the brochure, or online.

Tuesday

10 Jan – 28 Mar

Company Class

With Resident Companies

Further details on style, class content and requisite experience can be found in the residency section of the brochure, or online.

9.30 – 10.45

Lina Limosani / Al Seed

10, 17 & 24 Jan

10.00 – 11.30

Tess Letham

7 & 14 Feb

Tony Mills

21 Feb

Kirsty Pollock

28 Feb & 7 Mar

Tony Mills & Dancers

14 & 21 Mar

Tamsyn Russell

28 Mar

Wednesday

11 Jan – 29 Mar



Classical Ballet

With Julie Mitchell | Professional

Drop in | 9.30 – 11.00 | £4.50

Emphasis on musicality and artistry, while maintaining a strong and pure technique. A class with a complete vocabulary and joy of dance!

11 Jan – 29 Mar



Pilates Morning

With Jeanine Byrne | Level 2

Drop in | 9.15 – 10.15 | £7 (£6)

Pilates is ideal conditioning for dancers who want to improve strength, balance, control, flexibility, breathing and help prevent injury.

11 Jan – 29 Mar

Contemporary



With Steinvor Palsson | Adv/Pro

Drop in | 18.00 – 19.30 | £4.50

Focusing on alignment, breath, clarity of movement and musicality, the class moves from standing exercises for working on technique through movement sequences and jumps that explore space, rhythm and shifting dynamics.

Drop-in class

Tickets are sold on a first-come, first-served basis. Buy tickets online, in person or over the phone from one day before the class begins.



Musicians

William Mowat Thomson, David Robertson and Barney Strachan

Class Levels

Classes marked Professional are suitable for professional dancers, graduate students and others who have undergone intense technical training. Other classes listed on these pages are taught at All Levels or Improvers and are also open to community dancers.

PRO Studio Hire

Studio space is available to hire outwith the regular professional programme for individual professional development at £9 per hour.

For availability and prices, please contact hires@dancebase.co.uk

Newsletter

Sign up to the pro newsletter for all the latest news, jobs, opportunities and performances from the world of pro dance.

Thursday

12 Jan – 30 Mar

Company Class

12 Jan – 30 Mar

With Resident Companies

Further details on style, class content and requisite experience can be found in the residency section of the brochure, or online.

9.00 – 10.45

Lina Limosani / Al Seed
12, 19 & 26 Jan

10.00 – 11.30

Claricia Kruithof
9 Feb

Kathryn Spence
16 Feb

Cristina Mackerron
& Chess Dillon-Reams
23 Feb & 2 Mar

Ian Cameron
9 Mar

Merav Israel
16 Mar

Giulia Montalbano
23 & 30 Mar

Friday

13 Jan – 31 Mar



Classical Ballet

With Vincent Hantam

Professional

Drop in | 9.30 – 11.00 | £4.50

This is a general morning class for professional dancers and dancers with extensive experience of classical ballet. This class will invigorate both your body and your mind and set you up for the day.

Saturday

7 Jan – 25 Mar



Contemporary

With Steinvor Palsson

Professional

Drop in | 11.15 – 12.45 | £4.50

This class focuses on placement, breath, core strength and musicality. The emphasis throughout is on finding a strong centre from which to explore movement with ease, efficiency and fluidity.

Aerial Hire

Professional Aerial Hire is available once an induction has been completed. To book an induction contact Matt on matt@dancebase.co.uk

Company showings

Immerse yourself in our free studio showing of the week's professional resident companies at 16.00 and 17.00. Come and support your dance community. See the calendar on the back page for dates.

Out of Class Improvisation

Programmed by Christine Devaney

£5 payable in cash

15 Jan 11.00 – 13.30

26 Feb 11.00 – 13.30

19 Mar 11.00 – 13.00

9 April 11.00 – 13.30

manipulate Masterclass



Seed of a City: An Object Theatre Masterclass

Théâtre de la Pire Espèce

Sunday 29 – Tuesday 31 January | 10.00 – 17.00 | £125 | 18 yrs+

In object theatre it's in the material itself, more than anything else, that one finds the meaning of the work. The task of the work's creator, and then the performer, is to reveal this meaning. To say a lot with the minimal of means – this is the essence of an art form that has an unlimited power of evocation.

Using his experience as the creator and performer of Théâtre de la Pire Espèce's production *Cities as Inspiration*, Olivier Ducas' workshop offers participants the opportunity, through exercises and shared work, to recognise the poetical capacity of objects. They will experiment with the creation of simple texts which complement the objects used, as well as mastering the relationships between actor and objects. Using a language which merges text, image, sound and acting each participant will create their own 'city' – a short stage performance which is vivid and precise – a finely sculpted theatrical piece.

Since 1999 Olivier Ducas has worked as founder director and performer with leading Québécois company La Pire Espèce, creating and touring nineteen productions to great acclaim around the world. Olivier's work synthesises in a dynamic and fluid way puppetry, object theatre, technology, clowning, cabaret and street theatre.

To book: puppetanimation.eventbrite.co.uk

Fundamental Pilates Matwork Training

Dance Base is delighted to be continuing to host this Fundamental Pilates Matwork Teacher Training Programme, taught by Brigid McCarthy. Brigid has certificated the majority of the best Pilates teachers who have passed through Dance Base's doors over the years.

This excellent course consists of a 10-day intensive training period followed by a three-month self-monitored apprenticeship.

For more information on syllabus, criteria for acceptance on the course and the process of certification, please contact Brigid on info@mccarthyPilates.co.uk

Funding options are available for Pilates training.

Course Dates 9 – 13 Jan & 16 – 20 Jan 2017 | Cost £1500



Pilates



CATALYST

Catalyst Dance Management

Catalyst Dance Management was developed at Dance Base as a unique resource for the professional dance community in Scotland, contributing vital skills to smaller companies and emergent and established artists who cannot afford full-time administrators, producers or company managers. The Catalyst project lies at the core of Dance Base's work with professional dance artists, allowing us not only to help companies create new work, but also to make the sector financially strong, confident and artistically compelling.

Bush Hartshorn, Head of Catalyst, will be available for Advice Surgeries in Edinburgh and Glasgow in January and February 2017.

Edinburgh: 11 January & 15 February at Dance Base

Glasgow: 18 January at The Work Room

These hour long sessions are open to all Scottish based professional dance artists and if you would like to make an appointment, please contact helen@dancebase.co.uk (Edinburgh dates) or sara@dancebase.co.uk (Glasgow dates).

More surgeries will be arranged for Dundee and Aberdeen in the near future.

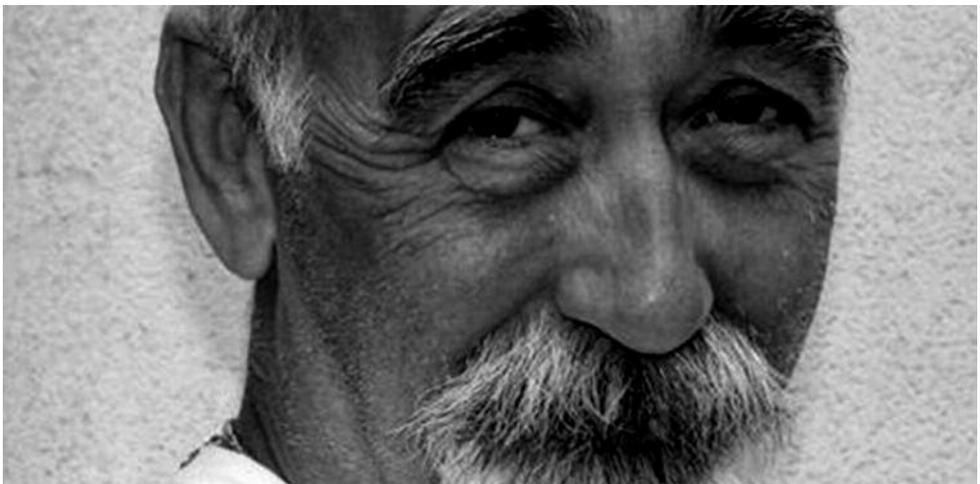
Catalyst will be announcing more about its activities for 2017 in the coming weeks, including the Spring Showcase curated by Bush. Keep up to date through our Professional newsletter and Catalyst Facebook page as well as through other national partners, in the near future. Bush is looking forward to seeing you in 2017.

For further information on the Spring Showcase callout for submissions, please see page 11 and: dancebase.co.uk/professional/spring-2017-showcase-callout-for-submissions-853



Catalyst Dance Management

Please see the website or sign up to the D-mail Pro newsletter on dancebase.co.uk for updates on future surgeries with Bush.



Dancers Emerging Bursary Scheme with Merav Israel

I am delighted to be working with the four young dance artists – Amy Robertson, Juan Casado Y Barton, Max Evans and Pirta Tuisku – who were selected to take part in the DEBS programme this year.

I find the DEBS programme offers both to mentor and to mentees a unique opportunity to reflect, expose, formulate, share, and be part of the larger dance community by our presence at Dance Base.

So far the DEBS have been taking classes and have been offered teaching and performance opportunities. This term we will be meeting periodically and in residency for a week in March.

These supported activities allow us to embrace the opportunity to look at ways of approaching oneself as artist, interpreter, creator, teacher or collaborator, to acquire knowledge of resources and support within oneself and those existing around us, to form clear interests.

During residency, I will welcome the DEBS to my practice which is underpinned by investigation into movement and perception and my interest in the interface between dance and other art forms, ways of inhabiting spaces and sensorial experience in making and viewing work.

Merav Israel



First Thought Best Thought: Join PRIME residency classes

Monday 23 January – Friday 3 February

PRIME is Scotland's first over 60s semi-professional dance company, first chosen by audition in February 2015 by Morag Deyes, Artistic Director of Dance Base and PRIME. 2016 saw them on a successful nationwide tour with the show *Carry on Dancing* and now you have the opportunity to join this exciting residency with the PRIME dancers.

PRIME past and present will have one to one opportunities to spend an entire afternoon in the studio at Dance Base, with a randomly designated and experienced choreographer who will create a two-minute bespoke solo. These 10 solos will then be shared on the last day of the residency. It is two weeks of chance, so who can know what will happen?

Find further details online at dancebase.co.uk/professional/prime/

Open Class

Every morning from 10.00 – 12.00, a guest teacher will be leading class and exploring movement, and we would like to invite you to join. While classes are free, attendance and commitment for the full two weeks is required. We strongly advise you book in advance as there is limited space and it is not an opportunity to miss! Booking will open on Wednesday 14 December at 11.00, and can be done in person or by calling 0131 225 5525.

INDIA EXCHANGE – ATTAKKALARI CENTRE, BANGALORE

Residency: **2 January – 7 February**

FACETS International Choreography Residency 2017 (Bengaluru, India)

We are delighted to announce that Indian exchange artist this year is Jori Kerremans. He will join our international exchange project that takes place at Attakkalari in Bangalore, India.

Jori will be representing Scotland as part of the FACETS programme and will show his newly made work at the beginning of their Biennial as part of the arrangement between Dance Base and Attakkalari. attakkalari.org

During FACETS, Jori will create a duet with Hemabharathy Palani (dancer/rehearsal director for Attakkalari). In this duet, he will explore and physicalise equality and in-equality between male and female, trying to find the right vocabulary so that both performers are equal in strength and presence.

Trust will also be part of this creation, exploring different levels of trust in between two individuals as well as looking at the relationship between performers and audience members. As the residency takes place in India, with an exchange between Jori and a classically trained Indian dancer, Jori is keen to see how this exchange between cultural identities will enrich the process.



Image: Brian Hartley



The epic and wonderful saga of our NordDance exchanges continues!

The last residency in Bora Bora (Aarhus) inspired us to continue a relationship with our Nordic friends. JoJo – Oulu Dance Centre, Finland are supporting Room 2 Manoeuvre while Catalyst's leader, Bush Hartshorn, is mentor to artists from Ice Hot (the huge showcase just completed at the end of 2016) in Copenhagen.

Watch this space for more news on further developments and opportunities. Enjoy the similarities and differences between us and our colleagues in the North. To keep up to date on NordDance, check our website or sign up to D-mail.

SPRING 17 SHOWCASE: CALLOUT FOR SUBMISSIONS

We would like to encourage submissions for our Spring 17 Showcase which will take place on Saturday 25 February 2017. There are two ways for artists to participate. You can apply to take part in the residency, which culminates in a performance, or the curated part of the showcase:

Residency Showcase:

In Partnership: Being and Moving Together
Residency: Mon 20 – Fri 24 Feb (9.00–17.00) at Dance Base
Showcase: Sat 25 Feb 20.00 (you would also need to be free during that day for tech and rehearsal)

Join Room 2 Manoeuvre's Artistic Director, Tony Mills, for a research project exploring partnering in dance. The research will focus on discovering and refining processes and techniques that allow us to dance both in and out of contact, to partner from the ground to the air and work from duos to larger groups.

Tony will offer insights into R2M's own practice and processes as a starting point. However, this week is foremost a platform to encourage dialogue, exchange and collaboration amongst each participating artist with a view to discovering new territories in the realm of partnering and moving together. The results of these investigations will be composed into a short performance, presented on the Saturday at the end of that week.

For this research, Tony would like to work with professional dancers and dance students in their final year. Participants can expect to fall, fly, lift and catch and, thus, should be in reasonable physical condition to take part. The project is FREE of charge and is part of Dance Base's continued Professional Development Programme.

How to apply:

Interested applicants must submit a CV and personal statement outlining why you would like to take part in the project to Helen McIntosh at helen@dancebase.co.uk. Deadline for noting interest is 11.00 on Monday 16 January, and responses will be sent out by 20 January.

For further information, visit dancebase.co.uk.



Curated Showcase:

Bush Hartshorn (Head of Catalyst) would like to invite submissions from artists whose practice is rooted in dance or movement. Please submit a proposal for a 10 – 15 minute work in progress, to be performed in our theatre on Saturday 25 February. The showcase is designed to offer artists an opportunity to try out a new idea in front of a live audience and gain informal feedback.

Three artists will be selected by Bush Hartshorn to perform as part of the showcase, which will also include the results of the Being and Moving Together week.

Artists will be provided with a fee of £100 and offered rehearsal space at Dance Base, where possible. There will be a short technical rehearsal at Dance Base on Saturday 25 February. There will also be a photographer at the showcase and images will be made available after the event.

How to apply:

Please send the following information to Helen McIntosh at helen@dancebase.co.uk by 11.00 on Monday 9 January. Applicants will hear back no later than Friday 13 January.

- > a proposal summary including simple technical requirements (no more than 1 x A4 page)
- > an artist biography or CV with links to previous work

RESIDENCIES

Selected by Artistic Director, Morag Deyes

Throughout the year, Dance Base offers residency opportunities to professional choreographers, companies and individual artists who want to develop their work. The selection is not highly competitive but we will choose artists who we believe will make the best use of the facilities we have built for dance and who may also have a positive impact on the professional dance community. We offer two strands of residency to support your needs.

EXPLORING

Exploring residencies are designed to encourage exploration, research, development and experimentation. There will be an opportunity to share findings to peers and Dance Base visitors and to invite and encourage feedback.

ARRIVING

This residency is offered to a choreographer, company or individual who wished to take an already-developed idea to the next stage and premiere their work in a theatre or site-specific space.

Forthcoming residencies | Summer Term 2017 (17 Apr – 30 Jun)

HOW TO APPLY

We are currently considering applications received for Summer 2017. Deadline for applications is Monday 23 January 2017 at 11.00. Applications may be submitted by email to Helen McIntosh, Programmes Manager – details are within the information pack on the residencies page of the website at dancebase.co.uk/professional.

D-mail Pro

Don't forget that Dance Base produce a fortnightly newsletter tailored to professionals and those interested in professional dance. Information about callouts, residencies, workshops and auditions will be sent straight to your inbox every two weeks.

You can sign up through the homepage of the Dance Base website, or through your online account.

If you would like to submit a news item to be included in D-mail or on the news pages of the website, please email it through to mira@dancebase.co.uk, with an accompanying image.

Please note: D-mail Pro is intended for dance or arts-related news only and will be assessed for suitability before being included.



Image: Limosani Projekts

RESIDENCY 4 – 27 JANUARY

The Spinners

Limosani Projekts

From 4 – 27 January 2017 a team of world class Australian dancers led by dancer-choreographer Lina Limosani (formerly of Australian Dance Theatre) will continue their collaboration with Scottish director-performer Al Seed, at Dance Base. This month of work marks the second of three stages of development of The Spinners, a new piece of international, touring dance-theatre based around the Fates of Greek mythology, debuting in Summer 2018.

Company class | 9.00 – 10.45

Mondays 9, 16 & 23, Tuesdays 10, 17 & 24 and Thursdays 12, 19 & 26 January

Class will be appropriate for professional dancers (including confident recent graduates) with a specific interest in developing strong theatrical elements in their work. Working with character / status; bold theatrical imagery; and choral movement will feature strongly.

Participation in final sessions on Monday, Tuesday and Thursday of week commencing 23 January is by application only and will culminate in a public showing of work alongside the resident company on the afternoon of Friday 27 January. Participants will be required to attend every session of this final week and will be required to have attended at least three of the previous open classes. The application process will be discussed towards the end of each of these open classes.

Company showing | Friday 27 January | 16.30

Arts South Australia, The Australia Council for the Arts, Creative Scotland

RESIDENCY **23 JANUARY – 3 FEBRUARY**

FIRST THOUGHT BEST THOUGHT

PRIME and Guests

PRIME invite dancers over 60 who are confident of body and open of mind to join their daily residency classes.

Afternoons will be spent in the studio with experienced choreographers who will create two-minute bespoke solos on a one to one basis. The residency group will share their solos on the last day of the residency, along with the nine other dancers who have enjoyed this bracing, exciting process throughout the residency.

If you are interested in participating, please see page 9 for further information.

Company class

Monday 23 January – Friday 3 February | 10.00 – 12.00

Contemporary class and creative play every morning with a guest teacher. This class is open to anyone who has some dance experience and is over 60. Attendance and commitment for the full two weeks is required. We strongly recommend advance booking as there is limited availability. Booking opens at 11.00 on Wednesday, 14 December.

Company showing | Friday 3 February | 17.00



Image: Brian Hartley

RESIDENCY **6 – 10 FEBRUARY**

New Work

Claricia Kruithof

Claricia will use this research week to continue exploring and developing an emerging artistic practice; reflecting on a new physicality and perspective from experiences and research across diverse cultures and movement practices.

Considering the notion of the body as an archive; preserving learned and inherited movement, internalised experiences and an identity that is malleable and evolving.

She will work with improvisational movement scores drawn from imagery; exploring perception, notions of identity and representation, and the role and influence of music and sound.

Company class

Thursday 9 February | 10.00 – 11.30

Open to all movers and those interested in working with movement. We will work with improvisational scores and explore the role and influence of music and sound.

Company showing | Friday 10 February | 17.00



Image: Alfred Hess



RESIDENCY 6 – 17 FEBRUARY

How to Survive the Future

Tess Letham

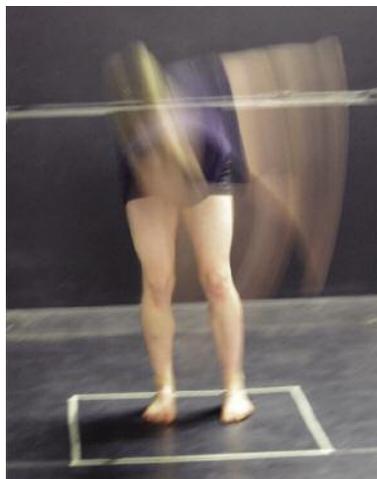
Inspired by previous explorations, this work will be a personal discovery of the diversity in how we conduct ourselves. The search for the internal dialogue. The presence we send out that covers vulnerability and the intimate thoughts we have that never take action. Tess will seek out this range of character within herself, drawing upon eccentricity of internal behaviours and the freedom of finding authentic movement for performance. Alongside this creation process, she will be taking the opportunity to experiment with dance on film, extending the work into a new direction for future aspirations. Tess will be mentored throughout this residency by choreographer Alan Greig.

Company class

Tuesday 7 & 14 February | 10.00 – 11.30

Flying Low exercises that explore the principles of cohesion and expansion, the gathering and sending of our whole body.

Company showing | Friday 17 February | 16.00



RESIDENCY 13 – 17 FEBRUARY

What We Choose to See (Development)

Kathryn Spence Dance

Kathryn Spence wishes to explore the physical and mental boundaries, and whether we place them upon ourselves or if they are imposed upon us. Looking at dancers' personal boundaries, she aims to explore using spoken word alongside movement, with dancers working individually and together, connecting across borders.

Company class

Thursday 16 February | 10.00 – 11.30

Please be open to exploring ideas in regards to your own personal boundaries. Your input on these may be recorded as part of the development process of the work.

Company showing | Friday 17 February | 17.00

RESIDENCY **20 FEBRUARY – 3 MARCH**

“It’s okay, I’m dealing with it”

The Hiccup Project

Cristina and Chess are two ‘Okay’ experts, sharing their ‘highly successful’ strategies and mechanisms in how to ‘deal’ with whatever life throws at you.

The work slowly unravels as they try to come to terms with their painful experiences. In a culture preoccupied with perfection, perfect smiles and keeping a stiff upper lip, the work will delve into how we cope with our struggles; how do we try to ‘deal’ with them? What happens if we don’t want to deal with them?

In this R&D, they will be developing this work, and pushing the material in preparation for a premiere in 2017.



Company class

Thursday 23 February & 2 March | 10.00 – 11.30

A playful, lively and energetic session, finding pleasure and enjoyment in movement from letting go, being silly and dancing to 90s pop.

Company showing | Friday 3 March | 17.00

Arts Council England

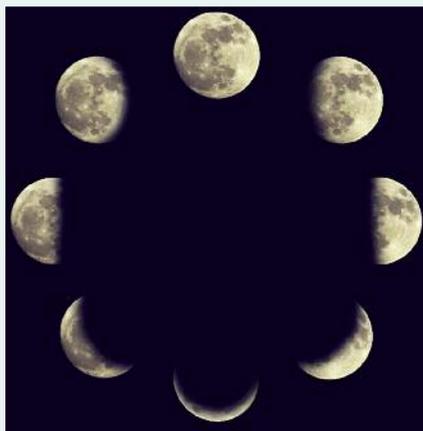
RESIDENCY **27 FEBRUARY – 10 MARCH**

New Work

Kirsty Pollock

Choreographer Kirsty Pollock will be exploring the story of Salome, in particular the themes from Oscar Wilde’s play.

Throughout the residency she will work with dancers Katie Armstrong and Joanne Pirrie to depict the various interpretations of Salome’s character. The imagery from the text shall be used to generate movement and develop a choreographic language.



Company class

Tuesday 28 February & 7 March | 10.00 – 11.30

Class will consist of contemporary technique exercises and progress to dynamic travelling sequences. Suitable for advanced/professional levels.

Company showing | Friday 10 March | 16.00



RESIDENCY 6 – 10 MARCH

Spiked

Lucy McGreal & Ian Cameron

"My weekend night out. Busy Bar. Unknown faces. The suspense of stories yet to unfold, be told retold"

Spiked is an exploration into one woman's journey on her regular night out as her world slowly starts to terrifyingly unravel in front of her. The residency will revisit the night of the incident; interpret the images, sounds and relationships encountered. The memory plays like a movie with the sound distorted and no control on when to fast forward, pause or delete.

The residency is led by Lucy McGreal and Ian Cameron along with musician Nik Paget Tomlinson, using physical performance, live music, text and improvisation.

Company class

Thursday 9 March | 10.00 – 11.30

The class will be a blend of physical movement and improvisation, using masks, accompanied by live music.

Company showing | Friday 10 March | 17.00



RESIDENCY 13 – 17 MARCH

New Work

Merav Israel & DEBS 2016/17

Merav will be researching materials for new work with the current DEBS, with interest in poetry in movement and describing space with bodies in movement.

The research will be informed by sensitivity to shape, flow and interconnectedness.

Company class

Thursday 16 March | 10.00 – 11.30

Improvisational class that will give an opportunity to connect mind and body to develop clarity of movement and expression.

Company showing | Friday 17 March | 17.00

RESIDENCY 13 – 24 MARCH

Without A Hitch

Room 2 Manoeuvre

Hip hop ya don't stop...but all good things must come to an end. *Without a Hitch* (working title) is Room 2 Manoeuvre's new hip hop dance theatre production. The story follows the downward spiral of a 4-man b-boy crew as ambition, jealousy and frustration manifest in a group struggling to move in the same direction. R2M's artistic director, Tony Mills, leads this residency with an international cast of dancers. This period will continue to build on previous residencies at The Brunton and JoJo Dance Centre in Oulu, Finland, under the Dance Base NordDance programme.

Company class

Tuesday 14 & 21 March | 10.00 – 11.30

Continuous warm up with core and fluid floor to standing exercises, ending with hip hop/contemporary techniques and phrases taught by members of the company.

Company showing | Friday 24 March | 16.00



RESIDENCY 20 – 31 MARCH

W-hat About?

Fuora Dance Project

Fuora Dance Project by Giulia Montalbano will lead the residency. She is looking to provide a final shape to *W-hat About?* and then organise a community engagement activity with different venues in Scotland between March and May 2017.

The performance is an interactive celebration of the importance of intergenerational family ties. This is enriched by a humorous take on the crossroad of Italian and Scottish cultures, where audiences have an opportunity to learn numerous words in the Italian language. The moral content explores the importance of personal talents and ways of being as well as learning from our mistakes in order to grow.

Company class

Thursday 23 & 30 March | 10.00 – 11.30

A class for anyone who wants to explore the sense of freedom and fluidity of their own body. With a gentle warm up, combined with some somatic exercises and some led improvisation, there will be a close interaction between Release and Skinner Release Technique. The fundamental concept and goal is to let your body feel relaxed, engaged and strong, without forcing it, using the right amount of tension and relaxation. All this leads to see your body in a different way, away from our usual habits of how we interact with people and within a space.

Company showing | Friday 31 March | 17.00



Image: Lewis Landini



RESIDENCY **27 – 31 MARCH**

Scene Stealer

Tamsyn Russell

During this residency Tamsyn and the dancers will use this time to continue the research and development for a new work.

Scene Stealer is an exploration into the idea of: individuals/groups of people creating different worlds/atmospheres/scenarios which continually get interrupted by a new scene. Exploring their different upbringings, values and experiences within a group setting, they will examine what it means to be individuals as part of a group.

During the week Tamsyn will continue to develop different scenes/scenarios with a different group of dancers to explore what different personalities and group dynamics can create within a scene.

Company class

Tuesday 28 March | 10.00 – 11.30

A release based class devised to move the body in an organised and efficient way, focusing on clarity of movement and momentum. Working from a traditional class structure from floor phrases to standing, gradually building to integrate skills in full-bodied movement phrases.

Company showing | Friday 31 March | 16.00

Supported by Dance Base, The Work Room



PRO Studio hire

Studio space is available to hire outwith the regular professional programme for individual professional development at £9 per hour. For availability and prices, please contact hires@dancebase.co.uk

Day Planner

For further information or to book
contact us on 0131 225 5525 or
e-mail dance@dancebase.co.uk

Company showings Immerse yourself in free studio showings of the week's professional resident companies at 16.00 and 17.00 Afterwards join the companies, meet, discuss, network and wind down into the weekend. See below for date listings.

January

Mon 9	09.00 – 10.45	Lina Limosani / Al Seed	Company class
Tue 10	09.00 – 10.45	Lina Limosani / Al Seed	Company class
Thu 12	09.00 – 10.45	Lina Limosani / Al Seed	Company class
Mon 16	09.00 – 10.45	Lina Limosani / Al Seed	Company class
Tue 17	09.00 – 10.45	Lina Limosani / Al Seed	Company class
Thu 19	09.00 – 10.45	Lina Limosani / Al Seed	Company class
Mon 23	09.00 – 10.45	Lina Limosani / Al Seed	Company class
Mon 23	10.00 – 12.00	PRIME with Guests	Company class
Tue 24	09.00 – 10.45	Lina Limosani / Al Seed	Company class
Tue 24	10.00 – 12.00	PRIME with Guests	Company class
Wed 25	10.00 – 12.00	PRIME with Guests	Company class
Thu 26	09.00 – 10.45	Lina Limosani / Al Seed	Company class
Thu 26	10.00 – 12.00	PRIME with Guests	Company class
Fri 27	10.00 – 12.00	PRIME with Guests	Company class
Fri 27	16.30	Limosani Projekts	Company showing
Mon 30	10.00 – 12.00	PRIME with Guests	Company class
Tue 31	10.00 – 12.00	PRIME with Guests	Company class

February

Wed 1	10.00 – 12.00	PRIME with Guests	Company class
Thu 2	10.00 – 12.00	PRIME with Guests	Company class
Fri 3	10.00 – 12.00	PRIME with Guests	Company class
Fri 3	17.00	PRIME with Guests	Company showing
Tue 7	10.00 – 11.30	Tess Letham	Company class
Thu 9	10.00 – 11.30	Claricia Kruithof	Company class
Fri 10	17.00	Claricia Kruithof	Company showing
Tue 14	10.00 – 11.30	Tess Letham	Company class
Thu 16	10.00 – 11.30	Kathryn Spence	Company class
Fri 17	16.00	Tess Letham	Company showing
Fri 17	17.00	Kathryn Spence Dance	Company showing
Tue 21	10.00 – 11.30	Tony Mills	Company class
Thu 23	10.00 – 11.30	Cristina Mackerron & Chess Dillon-Reams	Company class
Sat 25	20.00	In Partnership: Being and Moving Together	Spring showcase
Tue 28	10.00 – 11.30	Kirsty Pollock	Company class

March

Thu 2	10.00 – 11.30	Cristina Mackerron & Chess Dillon-Reams	Company class
Fri 3	17.00	The Hiccup Project	Company showing
Tue 7	10.00 – 11.30	Kirsty Pollock	Company class
Thu 9	10.00 – 11.30	Ian Cameron	Company class
Fri 10	16.00	Kirsty Pollock	Company showing
Fri 10	17.00	Lucy McGreal & Ian Cameron	Company showing
Tue 14	10.00 – 11.30	Tony Mills & Dancers	Company class
Thu 16	10.00 – 11.30	Merav Israel	Company class
Fri 17	17.00	Merav Israel & DEBS 2016/17	Company showing
Tue 21	10.00-11.30	Tony Mills & Dancers	Company class
Thu 23	10.00 – 11.30	Giulia Montalbano	Company class
Fri 24	16.00	Room2Manoeuvre	Company showing
Tue 28	10.00 – 11.30	Tamsyn Russell	Company class
Thu 30	10.00 – 11.30	Giulia Montalbano	Company class
Fri 31	16.00	Tamsyn Russell	Company showing
Fri 31	17.00	Fuora Dance Project	Company showing

Dance Base is a company limited by guarantee with charitable status. Registered in Scotland, Company No: SC145736. Charity No: SC 022512, VAT Registration No: 663852510

Dance Base reserves the right to make any changes deemed necessary.

This brochure contains details of the professional programme; for information on general level classes and workshops, please refer to the community programmes.

Partnership work with our community projects is welcomed, contact: helen@dancebase.co.uk to arrange this.

www.dancebase.co.uk